

THE CITY'S HOTTEST SALONS: OUR READERS' CHOICE WINNERS

# NASHVILLE

LIFESTYLES

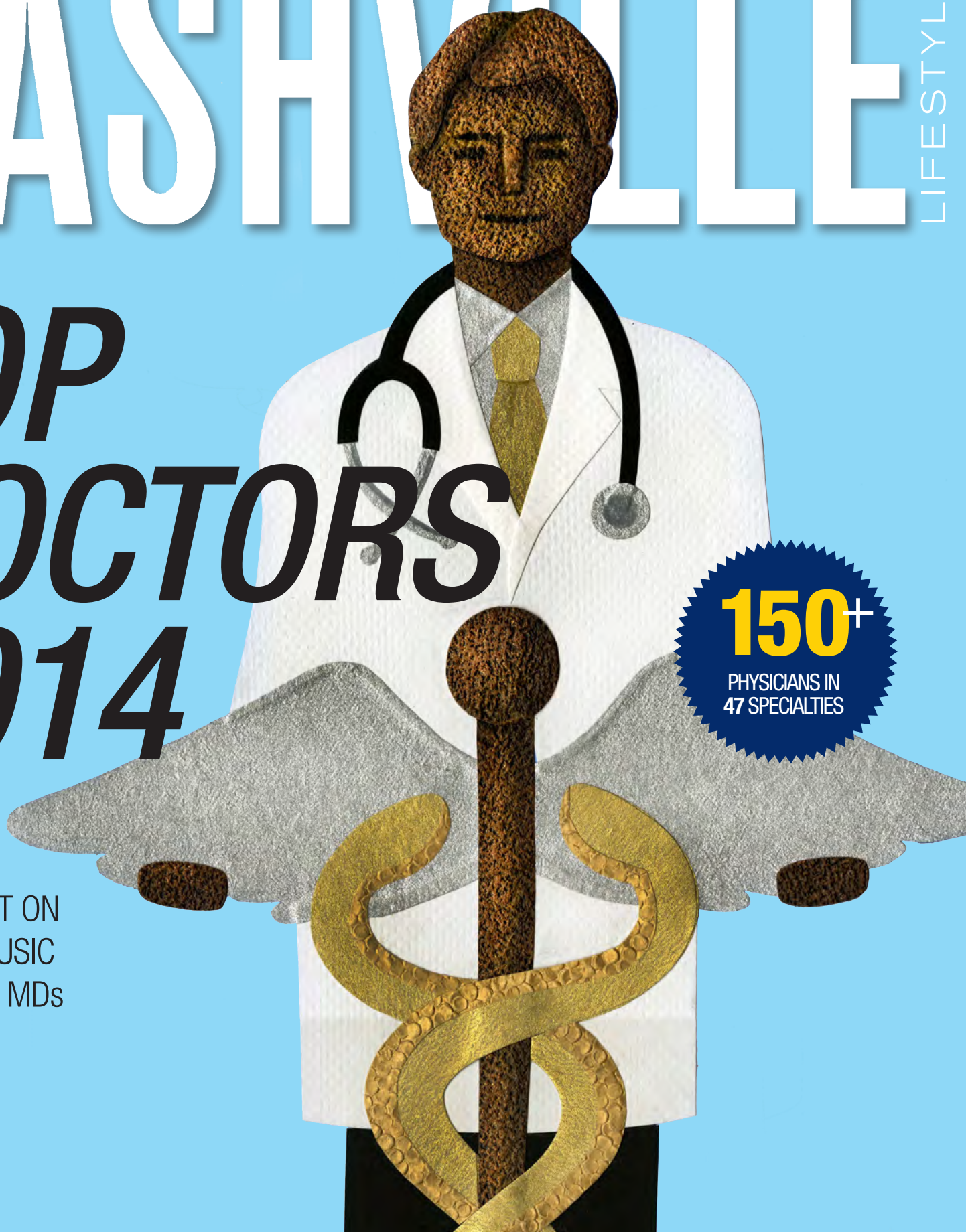
## TOP DOCTORS 2014

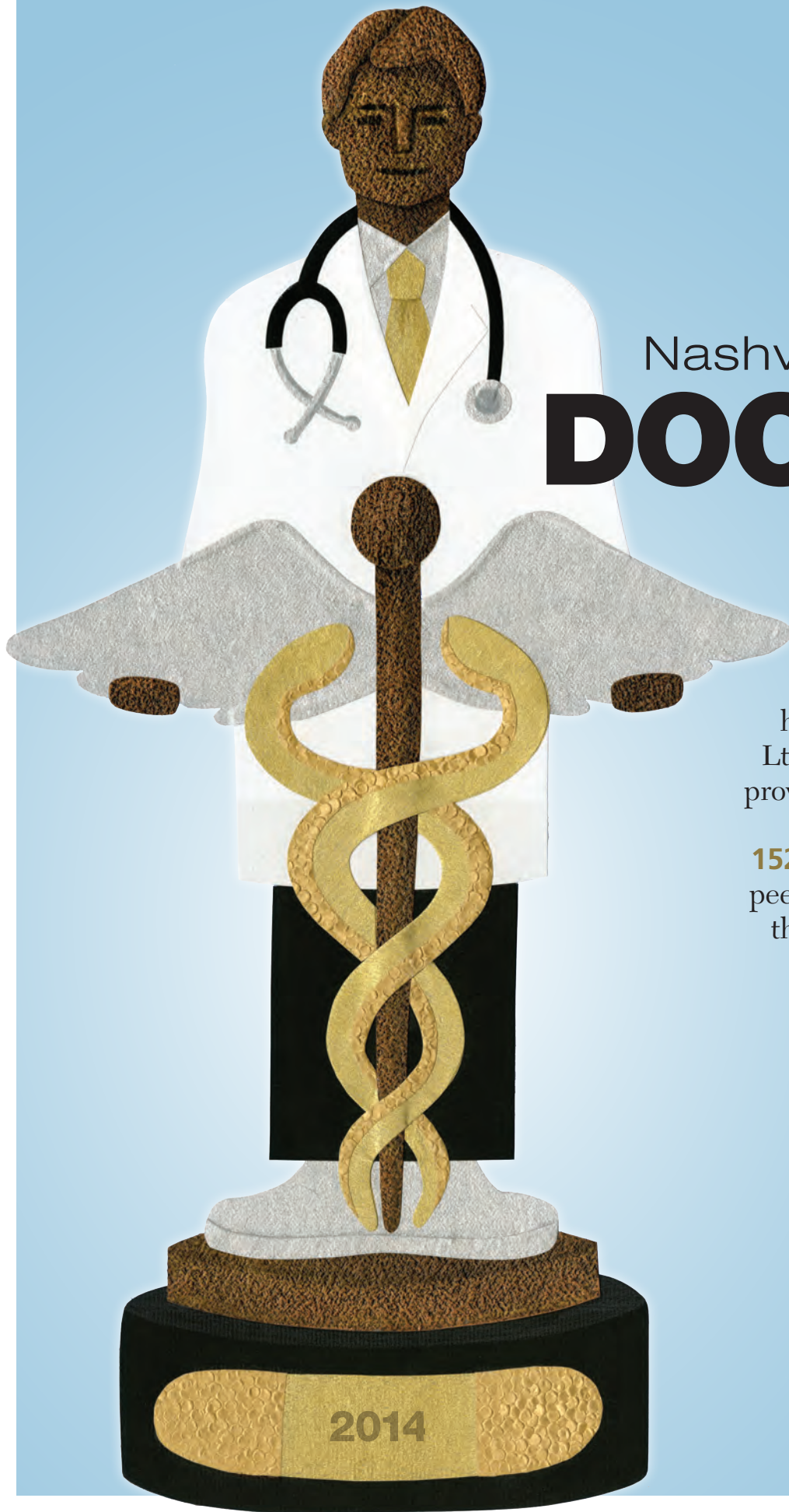
150+

PHYSICIANS IN  
47 SPECIALTIES

PLUS

A SPOTLIGHT ON  
SOME OF MUSIC  
CITY'S BEST MDs





2014  
Nashville's **TOP**  
**DOCTORS**

There are hundreds of capable doctors throughout **MIDDLE TENNESSEE**—so how do you narrow down the options?

Every year, we enlist the help of Castle Connolly Medical Ltd., an independent company, to provide us with a list of the region's top medical professionals. The **152 DOCTORS** who appear in this peer-chosen compilation represent the very best that our health care community has to offer.

PROFILES WRITTEN BY MELISSA CARRO.

ILLUSTRATION BY KATHRYN GOGLIOTTI.



2014





**MOLLY HOOD, MD**

**In medical school, Dr. Molly Hood** was confident her path was set. Until her last rotation.

“My plan was to do internal medicine with a concentration in infectious diseases,” says Hood. “But then I did the pediatric rotation, and I was hooked.

“Everyone in pediatrics seemed to work well as a team and enjoy what they do,” she continues. “For the most part, children came in with treatable illnesses. I realized that I could make an impact early in my patients’ lives.”

Pediatrics seemed a logical choice for Hood, who had spent summers in high school and college coaching young swimmers. Moving back to Nashville in 2005 was very much a homecoming, as Hood’s family relocated to Brentwood when she was in sixth grade.

“I guess I’m closer to being a native than most,” she laughs.

It was her private practice in Franklin that sparked an involvement in local Down

Syndrome resources.

“About a year and a half ago, the parent of one of my patients with Down Syndrome invited me to an informational session on GiGi’s Playhouse,” explains Hood. “This is an achievement center for people with Down Syndrome. It provides a wide range of resources for free.”

Started in Chicago, GiGi’s Playhouse now has 17 locations nationwide, including the one that opened in Nashville last November. Hood was named to the board of directors, and her involvement in Down Syndrome care and support led to her being named Physician of the Year by the Down Syndrome Association of Middle Tennessee.

When she’s not caring for children, Hood can most likely be found on one of Nashville’s walking trails. Hiking is cathartic for her, as are parks, she says.

“My goal is to get to all the national parks,” says Hood. “I’m trying to visit one per year.”

2200 Children’s Way,  
VCH 2507  
Nashville, TN 37232  
615-936-2427

**MALLARD,  
ROBERT E.**

**Community Health**  
Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Heritage Medical  
Associates—Pediatrics  
2325 Crestmoor Rd.,  
Floor 1  
Nashville, TN 37215  
615-284-2260

**PINKLEY, BRAM I.**

Monroe Carell Jr.  
Children’s Hospital  
at Vanderbilt  
Brentwood  
Children’s Clinic  
95 Seaboard Ln., Suite 201  
Brentwood, TN 37027  
615-261-1210

**SCHOLER, SETH J.**

**Obesity, Weight  
Management, Anger  
Management—Early  
Childhood, Injury  
Prevention**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Pediatric Weight  
Management Clinic  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 8  
Nashville, TN 37232  
615-936-5326

**TRIGGS,**

**ELIZABETH G.**  
**Asthma, Adolescent  
Health, Behavioral  
Disorders**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Green Hills Pediatric  
Associates  
4322 Harding Pk., Suite 229  
Nashville, TN 37205  
615-385-1451

**PEDIATRIC  
CARDIOLOGY**

**DODD, DEBRA A.**

**Transplant Medicine—  
Heart, Congenital  
Heart Disease,  
Cardiomyopathy,**

**Heart Failure**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Vanderbilt University  
Medical Center  
Division of Cardiology  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 5  
Nashville, TN 37232  
615-322-7447

**FISH, FRANK A.**

**Arrhythmias—  
Pediatric & Adult,  
Congenital Heart  
Disease—Adult,  
Pacemakers, Catheter  
Ablation**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Vanderbilt University  
Medical Center  
Division of Cardiology  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 5  
Nashville, TN 37232  
615-322-7447

**PEDIATRIC  
ENDOCRINOLOGY**

**LOMENICK,  
JEFFERSON P.**  
**Thyroid Disorders,  
Diabetes**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Vanderbilt Pediatric  
Endocrinology  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 6  
Nashville, TN 37232  
615-322-7427

**POTTER, AMY E.**

**Diabetes in Young  
Adults, Thyroid  
Cancer, Turner  
Syndrome**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Vanderbilt University  
Medical Center  
1215 21st Ave. S.,  
Suite 8210  
Nashville, TN 37212  
615-936-1653

**RUSSELL,  
WILLIAM E.**

**Diabetes**

Monroe Carell Jr.  
Children’s Hospital  
at Vanderbilt  
Vanderbilt University  
Medical Center  
Vanderbilt Pediatric  
Endocrinology  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 6  
Nashville, TN 37232  
615-322-3000

**PEDIATRIC GASTRO-  
ENTEROLOGY**

**GILLIS,  
LYNETTE A.**

**Liver Disease, Liver  
Disease—Metabolic,  
Transplant Medicine—  
Liver, Cornelia de  
Lange Syndrome**

Monroe Carell Jr.  
Children’s Hospital at  
Vanderbilt  
Gastroenterology,  
Hepatology, and  
Nutrition Clinics  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 10  
Nashville, TN 37232  
615-322-7449

**PEDIATRIC  
HEMATOLOGY/  
ONCOLOGY**

**FRANGOUL,  
HAYDAR A.**

**Stem Cell Transplant,  
Pediatric Cancers**

Monroe Carell Jr.  
Children’s Hospital  
at Vanderbilt  
Division of Hematology/  
Oncology  
2200 Children’s Way  
Doctors’ Office tower,  
Floor 6  
Nashville, TN 37232  
615-936-1762

**FRIEDMAN,  
DEBRA L.**

**Cancer Survivors—  
Late Effects of  
Therapy, Hodgkin’s  
Lymphoma,**

**Retinoblastoma,  
Pediatric Cancers**  
Monroe Carell Jr.  
Children’s Hospital  
at Vanderbilt  
Vanderbilt University  
Medical Center



**ELIZABETH G. TRIGGS, MD**  
Green Hills  
Pediatric  
Associates

4322 Harding Pk.,  
Ste. 229, Nashville  
615-385-1451  
greenhillspeds.com

**CONGRATULATIONS**  
to Dr. Triggs for making  
our **TOP DOCTORS LIST**,  
featured on page 78



## ■ DR. ELIZABETH G. TRIGGS

**GREEN HILLS PEDIATRIC ASSOCIATES** is committed to caring for the physical and mental health of children and to being an advocate and a resource for their families. Our team of skilled pediatricians offers comprehensive medical care for infants, children, and adolescents.

All of our physicians are board certified in pediatrics, fellows of the American Academy of Pediatrics, and members of the clinical faculty at Vanderbilt Children's Hospital.

Dr. Triggs joined Green Hills Pediatrics in 1985. She is a Cumberland Pediatric Foundation board member and a member of Tennessee Women in Medicine. Her special pediatric interests are asthma, adolescents, and behavioral pediatrics.

### EDUCATION

**Undergraduate:** Emory University and University of North Carolina; **Medical School:** University of Mississippi School of Medicine; **Pediatric Residency:** Vanderbilt University Medical Center; **Fellowship:** Vanderbilt University Medical Center Behavioral and Developmental Pediatrics